

Teacher Name: Gannon/Mauriello  
DEPARTMENT/SUBJECT:

COURSE TITLE/GRADE: HEALTH/SEVENTH

	<b>1,2,3,4 MP</b>	<b>1.2.3.4. MP</b>	<b>1.2.3.4. MP</b>
Essential Questions	What is health? How can optimal health status be achieved? What is the Responsible Decision-Making Model? What are acceptable and unacceptable risks?	How can the pressure to use tobacco be resisted? How can the pressure to use alcohol be resisted? How can the pressure to be involved in illegal drugs be resisted?	What should be known about puberty? What should be known about pregnancy and childbirth?
Content	<ul style="list-style-type: none"> <li>- The difference between a healthful behavior and a risk behavior.</li> <li>- Ten factors that influence health status.</li> <li>- Health Behavior Inventory.</li> <li>- Health behavior contracts.</li> <li>- Skills of a health literate person.</li> <li>- Definition of a responsible decision.</li> <li>- The Responsible Decision-Making Model.</li> <li>- Identify unnecessary risks.</li> <li>- Identify calculated risks.</li> <li>- Questions to ask to evaluate the possible outcomes of a risk or dare before it is taken.</li> </ul>	<ul style="list-style-type: none"> <li>-The properties of tobacco.</li> <li>-The health consequences of using tobacco.</li> <li>-Secondhand smoke.</li> <li>-Smokeless tobacco.</li> <li>-Resistance skills.</li> <li>-Media promotion of tobacco products.</li> <li>-Tobacco cessation programs.</li> <li>-The properties of alcohol.</li> <li>-The health consequences of using alcohol.</li> <li>-Abstinence.</li> <li>-Alcoholism and its effects on families.</li> <li>-Properties of the following drugs: marijuana, cocaine and crack, methamphetamine, LSD, MDMA, roofies, heroin, PCP, inhalants, anabolic steroids.</li> <li>-Dangers of drug mixing.</li> <li>-Health consequences of using illegal drugs.</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>-Anatomy and physiology of the male reproductive system.</li> <li>-Anatomy and physiology of the female reproductive system.</li> <li>-Endocrine system and hormones relative to puberty.</li> <li>-Male secondary sex characteristics.</li> <li>-Female secondary sex characteristics.</li> <li>-Menstrual cycle.</li> <li>-Developmental tasks during puberty.</li> <li>-Conception.</li> <li>-Prenatal health habits.</li> <li>-Labor and childbirth.</li> <li>-Bonding.</li> <li>-Childsitter skills.</li> <li>-Abstinence.</li> <li>-Teen pregnancy and parenthood.</li> </ul>
Skills	<ul style="list-style-type: none"> <li>- Tell the difference between a healthful behavior and a risk behavior.</li> <li>- List and discuss ten factors that influence healthy status.</li> <li>- Explain how and why (s)he would use a Health Behavior Inventory.</li> <li>- Design a health behavior contract.</li> <li>- List and describe four skills (s)he needs to be</li> </ul>	<ul style="list-style-type: none"> <li>-Explain why it is risky to use tobacco, even one time.</li> <li>-Discuss the reasons why s(he) should avoid smoking.</li> <li>-Discuss the reasons why s(he) should avoid breathing secondhand smoke.</li> <li>-Discuss reasons why s(he) should avoid the use of smokeless tobacco.</li> </ul>	<ul style="list-style-type: none"> <li>-List and give a definition for each of the male and female reproductive organs.</li> <li>-Identify the female secondary sex characteristics.</li> <li>-Identify the male secondary sex characteristics.</li> <li>-Compare and contrast the female and male reproductive organs.</li> </ul>

	<p>a health literate person.</p> <ul style="list-style-type: none"> <li>- Tell the difference between a responsible decision and a wrong decision.</li> <li>- Use the Responsible Decision-Making Model to determine what action to take in a given situation.</li> <li>- Tell the difference between an unnecessary risk and a calculated risk.</li> <li>- Identify six questions to ask to evaluate the possible outcomes of a risk or dare before you take it.</li> </ul>	<ul style="list-style-type: none"> <li>-Evaluate the ways media promote the use of tobacco products.</li> <li>-Identify places that offer tobacco cessation programs.</li> <li>-Explain how drinking can harm his or her body and mind.</li> <li>-Explain how drinking can affect his or her decision to practice abstinence.</li> <li>-Discuss alcoholism and its effects on families.</li> <li>-Discuss the reasons why the use of illegal drugs is dangerous.</li> <li>-Explain why drug mixing can cause injury, illness, and death.</li> <li>-Outline resistance skills s(he) can use to resist pressure to use tobacco, alcohol, and illegal drugs.</li> </ul>	<ul style="list-style-type: none"> <li>-Explain what occurs during the menstrual cycle.</li> <li>-Identify eight developmental tasks to be developed during puberty.</li> <li>-Discuss what to do if mood swings occur during puberty.</li> <li>-Explain what happens the first weeks after conception.</li> <li>-Explain ways a mother-to-be's behaviors can affect the health of her baby.</li> <li>-Explain what happens during labor and childbirth.</li> <li>-Explain how parents can bond with their baby.</li> <li>-Identify skills needed to become a child sitter.</li> <li>-Discuss reasons to practice abstinence and avoid teen pregnancy and parenthood.</li> </ul>
NJ Core Content Standard	2.1, 2.2	2.1, 2.2, 2.6	2.1, 2.2, 2.3
Assessments	Blackline Masters, Student Workbooks, Assessment Book Quizzes and Tests	Blackline Masters, Student Workbooks, Assessment Book Quizzes and Tests	Blackline Masters, Student Workbooks, Assessment Book Quizzes and Tests
Resources	Totally Awesome Health,1999 Current Health Magazines Various charts and graphs Brainpop website Handouts from Totally Awesome Health assessment book	Totally Awesome Health,1999 Current Health Magazines Various charts and graphs Brainpop website Handouts from Totally Awesome Health assessment book	Totally Awesome Health,1999 Current Health Magazines Various charts and graphs Brainpop website Handouts from Totally Awesome Health assessment book
Interdisciplinary Connections	Summaries-Reading	Body Systems-Science Summaries-Reading	Body Systems-Science Summaries-Reading

